

Life Skills Curriculum for Senior Secondary School Students

Secondary 4 to Secondary 7

Area : Career Development

| Categories | Students are able to |
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| <i>Career Planning</i> | ☺ Strike a balance between interest and future prospects. |
| | ☺ Explore different careers within area of my interest. |
| | ☺ Understand my abilities so as to help myself choose a career. |
| | ☺ Choose tertiary courses wisely to prepare myself for my future career. |
| <i>Gender Issues in Career</i> | ☺ Understand the relationship between my gender and choosing a career. |
| | ☺ Get along well with the opposite sex at work. |
| | ☺ Make use of the good points of being a male/female at work. |
| | ☺ Handle others' objection, criticism and opposing views when I choose a career which is mostly performed by the opposite sex. |
| <i>Vocational Training Selection</i> | ☺ Understand a vocational training program before I enroll in it. |
| | ☺ Collect information such as admission criteria and course selection procedure of vocational training schools. |
| | ☺ Think over the relationship between my choice of subject and career prospects. |
| | ☺ Select and enroll in some suitable courses to prepare myself for different economic situations and labor demand. |
| <i>Job Hunt Preparation</i> | ☺ Master general interview techniques (e.g. appearance, ways of speaking, etc.) |
| | ☺ Fill in job application forms accurately. |
| | ☺ Produce a resume for myself. |
| | ☺ Produce a job application letter for myself. |
| <i>Job Hunting</i> | ☺ Maintain the stamina to look for different job opportunities even when there are difficulties in job hunting. |
| | ☺ Look for suitable jobs according to my interest and ability. |
| | ☺ Get help from some institutions and connections to help me find a job. |
| | ☺ Find a suitable job successfully. |
| <i>Career Goals Setting</i> | ☺ Assess and modify my career goals according to the changes in external situation. |
| | ☺ Solve the problems I encounter in the process of achieving my career goals. |
| | ☺ Master the strategy to achieve my career goals. |
| | ☺ Constantly improve my study and career plan to work toward my career goals. |