

# Life Skills Curriculum for Senior Primary School Students

## Primary 4 to Primary 6

### Area: Social Development

Categories	Students are able to
<i>Communication Skills</i>	☺ Express myself clearly in English.
	☺ Express my feelings.
	☺ Express myself in Putonghua.
	☺ Express myself with confidence.
	☺ Express my opinions appropriately.
	☺ Express myself by body language such as eye and gesture.
<i>Respect and Accepting Others</i>	☺ Respect what my classmates think.
	☺ Stand in others' shoes, and consider the feelings of my classmates.
	☺ Cooperate and accomplish games with classmates.
	☺ Listen to classmates' opinions patiently.
	☺ Get along genuinely with my classmates.
	☺ Listen to classmates' feelings with patience.
<i>Family Relationship and Responsibility</i>	☺ Be concerned about my family, and help them actively.
	☺ Communicate with my family by effective means.
	☺ Manage any problem in family relationships calmly.
	☺ Talk freely with my family members.
	☺ Use appropriate ways to express my feelings to my family.
	☺ Stand in others' shoes and consider the feelings of my family.
<i>Boys and Girls Relationship</i>	☺ Establish a friendship with the opposite sex.
	☺ Recognize the difference between friendship and romance.
	☺ Understand how to get along with the opposite sex.
	☺ Stand in others' shoes and consider the feelings of the opposite sex.
	☺ Express my feelings and opinions to the opposite sex.
	☺ Listen to the feelings of the opposite sex.

Categories	Students are able to
<b><i>Conflict Management</i></b>	<ul style="list-style-type: none"> <li>☺ Anticipate possible conflicts among the classmates before it is too late.</li> <li>☺ Solve any misunderstanding among my classmates so as to avoid conflict.</li> <li>☺ React appropriately to the circumstances when facing conflict.</li> <li>☺ Manage problems in social relationship when facing conflict.</li> <li>☺ Keep a positive attitude when facing conflict.</li> <li>☺ Positively search for reconciliation when in conflict with classmates.</li> </ul>
<b><i>Coping with Bullying</i></b>	<ul style="list-style-type: none"> <li>☺ Tell the teachers actively when I know a classmate is being bullied.</li> <li>☺ Express my feelings with courage when my classmates are being bullied.</li> <li>☺ Keep calm to solve the problem when I am being bullied.</li> <li>☺ Face the problem optimistically when I am being bullied.</li> <li>☺ Step in to help classmates when they are being bullied.</li> <li>☺ Have the courage to express my feelings and opinions when I am bullied by classmates.</li> </ul>
<b><i>Leadership Skills</i></b>	<ul style="list-style-type: none"> <li>☺ Lead my classmates to discuss together.</li> <li>☺ Be capable of organizing and planning activities.</li> <li>☺ Call on and encourage other classmates to join activities.</li> <li>☺ Manage any conflicts generated when leading an activity.</li> <li>☺ Allocate the work appropriately to group members when leading an activity.</li> <li>☺ Lead group members to accomplish the team goals when participating in activities.</li> </ul>
<b><i>Avoiding Drugs, Drinking and Smoking</i></b>	<ul style="list-style-type: none"> <li>☺ Resist taking drugs.</li> <li>☺ Resist smoking.</li> <li>☺ Resist overindulging in playing computer games.</li> <li>☺ Be aware of the influence of smoking on myself, my friends and my family.</li> <li>☺ Be aware of the influence of drug abuse on myself, my friends and my family.</li> <li>☺ Be aware of the influence of spending too much time in playing computer games on myself, my friends and my family.</li> </ul>