

# Academic Development Self-Efficacy Inventory (English Version)

Please read the following statements carefully and indicate how much confidence you have in performing these behaviors. Please circle the appropriate number to describe your degree of confidence with each statement.

- 1 - Extremely Not Confident
- 2 - Not Confident
- 3 - Hardly Confident
- 4 - Fairly Confident
- 5 - Confident
- 6 - Extremely Confident

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## I am confident that I can .....

- 1. organize my time well and make good use of it. 1 2 3 4 5 6
- 2. master the answering techniques in exams and tests. 1 2 3 4 5 6
- 3. understand the difficulties encountered in tertiary institutions from friends studying there. 1 2 3 4 5 6
- 4. look for information on and be well prepared for further studies. 1 2 3 4 5 6
- 5. obey the regulations of school and classroom. 1 2 3 4 5 6

## I am confident that I can .....

- 6. plan before I do something. 1 2 3 4 5 6
  - 7. improve my techniques in writing, reading, listening, speaking and calculating. 1 2 3 4 5 6
  - 8. ask my friends for ways to solve problems about choosing a tertiary institution. 1 2 3 4 5 6
  - 9. collect each tertiary institution's information and the content of the courses they offer. 1 2 3 4 5 6
  - 10. respect others in school. 1 2 3 4 5 6
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**I am confident that I can .....**

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|--|---|---|---|---|---|---|
| 11. finish doing what I have to do within the specified time.  | 1 | 2 | 3 | 4 | 5 | 6 |
| 12. form good learning habits.   | 1 | 2 | 3 | 4 | 5 | 6 |
| 13. seek information on universities or other tertiary institutions from my friends when I further my studies. | 1 | 2 | 3 | 4 | 5 | 6 |
| 14. choose a tertiary institution that suits me.   | 1 | 2 | 3 | 4 | 5 | 6 |
| 15. exercise the rights and responsibilities of a student.   | 1 | 2 | 3 | 4 | 5 | 6 |

**I am confident that I can .....**

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|---|---|---|---|---|---|---|
| 16. design a timetable for myself and act accordingly.              | 1 | 2 | 3 | 4 | 5 | 6 |
| 17. be well prepared for exams/tests.                               | 1 | 2 | 3 | 4 | 5 | 6 |
| 18. seek advice from friends when I further my studies.             | 1 | 2 | 3 | 4 | 5 | 6 |
| 19. obtain information about scholarships and financial assistance. | 1 | 2 | 3 | 4 | 5 | 6 |
| 20. think over the consequences brought about by my behavior.       | 1 | 2 | 3 | 4 | 5 | 6 |
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