

Career Development Self-Efficacy Inventory (English Version)

Please read the following statements carefully and indicate how much confidence you have in performing these behaviors. Please circle the appropriate number to describe your degree of confidence with each statement.

- 1 - Extremely Not Confident
- 2 - Not Confident
- 3 - Hardly Confident
- 4 - Fairly Confident
- 5 - Confident
- 6 - Extremely Confident

I am confident that I can

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|--|---|---|---|---|---|---|
| 1. strike a balance between interest and future prospects. | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. understand the relationship between my gender and choosing a career. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. understand a vocational training program before I enroll in it. | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. master general interview techniques (e.g. appearance, ways of speaking, etc.) | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. maintain the stamina to look for different job opportunities even when there are difficulties in job hunting. | 1 | 2 | 3 | 4 | 5 | 6 |

I am confident that I can

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|--|---|---|---|---|---|---|
| 6. assess and modify my career goals according to changes in external situation. | 1 | 2 | 3 | 4 | 5 | 6 |
| 7. explore different careers within areas of my interest. | 1 | 2 | 3 | 4 | 5 | 6 |
| 8. get along well with the opposite sex at work. | 1 | 2 | 3 | 4 | 5 | 6 |
| 9. collect information such as admission criteria and course selection procedure of vocational training schools. | 1 | 2 | 3 | 4 | 5 | 6 |
| 10. fill in job application forms accurately. | 1 | 2 | 3 | 4 | 5 | 6 |
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I am confident that I can

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|--|---|---|---|---|---|---|
| 11. look for suitable jobs according to my interest and ability. | 1 | 2 | 3 | 4 | 5 | 6 |
| 12. solve the problems I encounter in the process of achieving my career goals. | 1 | 2 | 3 | 4 | 5 | 6 |
| 13. understand my abilities so as to help myself choose a career. | 1 | 2 | 3 | 4 | 5 | 6 |
| 14. make use of the good points of being a male/female at work. | 1 | 2 | 3 | 4 | 5 | 6 |
| 15. think over the relationship between my choice of subject and career prospects. | 1 | 2 | 3 | 4 | 5 | 6 |

I am confident that I can

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|--|---|---|---|---|---|---|
| 16. produce a resume for myself. | 1 | 2 | 3 | 4 | 5 | 6 |
| 17. get help from some institutions and connections to help me find a job. | 1 | 2 | 3 | 4 | 5 | 6 |
| 18. master the strategy to achieve my career goals. | 1 | 2 | 3 | 4 | 5 | 6 |
| 19. choose tertiary courses wisely to prepare myself for my future career. | 1 | 2 | 3 | 4 | 5 | 6 |
| 20. handle others' objection, criticism and opposing views when I choose a career which is mostly performed by the opposite sex. | 1 | 2 | 3 | 4 | 5 | 6 |

I am confident that I can

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|--|---|---|---|---|---|---|
| 21. select and enroll in some suitable courses to prepare myself for different economic situations and labor demand. | 1 | 2 | 3 | 4 | 5 | 6 |
| 22. produce a job application letter for myself. | 1 | 2 | 3 | 4 | 5 | 6 |
| 23. find a suitable job successfully. | 1 | 2 | 3 | 4 | 5 | 6 |
| 24. constantly improve my study and career plan to work toward my career goals. | 1 | 2 | 3 | 4 | 5 | 6 |
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